



IDSCA International Standard Syllabus Figures

		Waltz	Tango	Foxtrot	V. Waltz	QuickStep
Bronze	Beginner	1 Left Foot Closed Change 2 Natural Turn 3 Right Foot Closed Change 4 Reverse Turn	1 Progressive Link 2 Closed Promenade	1 Feather Step 2 Reverse Turn with Feather Finish 3 Three Step 4 Natural Turn	1 Natural Turn	1A Quarter Turn to Right 1B Quarter Turn to Left 2 Progressive Chasse 3 Forward Lock Step
	Intermediate	5 Whisk 6 Chasse from PP 7 Natural Hesitation Change 8 Progressive Chasse to Right 9 Back Lock 10 Closed Impetus	3 Progressive Side Step 4 Progressive Side Step Reverse Turn 5 Natural Twist Turn 6 Natural Rock Turn 7 Natural Promenade Turn	5 Basic Weave 6 Reverse Wave 7 Change of Direction		4 Natural Turn with Hesitation 5 Progressive Chasse to Right 6 Back Lock 7 Running Finish 8 Natural Spin Turn
	Full	11 Reverse Corte 12 Back Whisk 13 Natural Spin Turn 14 Reverse Pivot 15 Double Reverse Spin 16 Basic Weave 17 Outside Change	8 Open Promenade 9 Open Reverse Turn Partner Outside 10 Back Corte 11 Left Foot Rock 12 Right Foot Rock 13 Basic Reverse Turn 14 Open Reverse Turn In Line with Closed Finish	8 Natural Weave 9 Closed Impetus with Feather Finish	2 Right Foot Forward Closed Change 3 Reverse Turn 4 Left Foot Forward Closed Change	9 Natural Turn & Back Lock 10 Tipple Chasse to Right at a Corner 11 Double Reverse Spin 12 Chasse Reverse Turn 13 Natural Pivot Turn 14 Closed Impetus 15 Reverse Pivot
Silver	Beginner	18 Weave from PP 19 Open Impetus to Wing 20 Closed Telemark 21 Turning Lock Finishing in CP & PP 22 Open Impetus with Cross Hesitation	15 Four Step 16 Promenade Link 17A Outside Swivel 17B Outside Swivel (Taken from Open Promenade) 17C Outside Swivel (Turning Left) 18 Fallaway Promenade	10 Quick Open Reverse 11 Quick Natural Weave 12 Top Spin (After Feather Finish) 13 Hover Telemark 14A Natural Twist Turn with Hover Feather Ending 14B Natural Twist Turn with Closed Impetus & Feather Finish Ending 14C Natural Twist Turn with Open Impetus Ending 14D Natural Twist Turn with Natural Weave Ending 15 Open Telemark, Natural Turn Outside Swivel with Feather Ending 16 Open Telemark with Feather Ending		16 V-6 17 Quick Open Reverse 18 Four Quick Run 19 Running Right Turn
	Full	23 Open Telemark to Wing 24 Open Telemark to Cross Hesitation 25 Drag Hesitation 26 Outside Spin 27 Open Impetus to Weave	19 Brush Tap 20 Four Step Change 21 Back Open Promenade	17 Open Impetus 18 Weave from PP 19 Hover Cross 20 Closed Telemark 21 Natural Telemark 22 Hover Feather 23 Reverse Pivot	5 Right Foot Backward Change Step 6 Left Foot Backward Change Step	20 Cross Swivel 21 Fish Tail 22 Tipple Chasse to Left 23 Closed Telemark
Gold	Beginner	28 Running Spin Turn 29 Fallaway Reverse Slip Pivot 30 Contra Check 31 Fallaway Natural Turn 32 Fallaway Whisk	22 Fallaway Four Step 23 Fallaway Slip Pivot 24 Contra Check	24 Bounce Fallaway with Weave Ending 25 Curved Feather to Back Feather 26 Curved Feather from PP 27 Curved Three Step		24 Rumba Cross 25 Hover Corte 26 Tippy Chasse to the Right 27 Tippy Chasse to the Left 28 Zig Zag Back Lock Running Finish
	Full	33 Turning Lock to Right 34 Left Whisk 35 Hover Corte 36 Closed Wing	25 Chase 26 Chasse to the Right 27 Oversway 28 Mini Five Step 29 Five step	28 Extended Reverse Wave 29 Fallaway Reverse & Slip Pivot 30 Natural Zig Zag from PP 31 Natural Hover Telemark	7 Reverse Fleckerl 8 Contra Check 9 Natural Fleckerl	29 Six Quick Run 30 Running Spin Turn 31 Cross Chassé 32 Running Cross Chassé 33 Passing Natural Turn 34 Change of Direction